

2020-2021 Health & Wellness Resources in Owensboro #GetHelpLikeABearcat

Note: Check with your health insurance company to identify covered providers.

Medical Resources in the Owensboro-Daviess County Community (additional info page 2)

Owensboro Health (OH) Regional Hospital: hospital & ER, **270-417-2000**, 1201 Pleasant Valley Road, **24-hour Owensboro ER nurse, Free general medical info 855-417-8555 OR Covid-19 help-line 877-888-6647.**

Audubon Area Community Care Clinic, 750 Salem Drive, Suite 2., Owensboro, KY 42303, **270-686-6040**; offering primary health care and mental health/substance abuse services. Sliding fees and payment assistance. By appointment. 8am-5pm M-F.

OH Medical Group-Family Medicine: physician & nurse practitioner, **270-691-8040**, 811 E. Parrish Ave. (next to parking garage) By appointment Monday-Friday, 8am-5pm.

OH Multicare/Urgent Care, 1006 Ford Ave. Suite 101, adjoins HealthPark, **270-688-1352**, walk-in 8am-8pm/7 days.

Green River District Health Department: some free medical services & testing, others on sliding scale, **270-686-7744**, 1600 Breckenridge Street, 1.5 mi. east of campus. By appointment Monday-Friday. <http://healthdepartment.org>

Community Dental Clinic: Sliding scale fee dental care, **270-691-6205**, 2811 New Hartford Rd., by appointment

CareNet-Owensboro, pregnancy support, pre-natal medical, testing: 922 Triplett Street, phone or text **270-685-5077**, no fees.

Find a Doctor/Specialist in Owensboro area: <http://www.owensborohealth.org/patients-visitors/find-doctor/>

****Need FREE Health Advice or Covid-19 info in Owensboro? Call 855-417-8555 or 800-888-6647, 24/7. Before you make an unnecessary trip to an urgent care center or emergency room, call! Your call will be answered 24 hours/day by an experienced registered nurse at Owensboro Health.**** Note: In case of an emergency, dial 911 immediately.

Behavioral Health Providers in Owensboro-Daviess County

BU Counseling Services, 8am–4:30pm, Monday-Friday, Room 205 Moore Center, **270-686-4282**

Regional Crisis Line, 24 hour Help & Information: Call or Text 800-433-7291

River Valley Behavioral Health: regional mental health center, array of services: Psychiatrists, Nurse Practitioners, Psychologists, Therapists, Crisis stabilization, Assessments. Most Insurances accepted. **270-689-6879.** By Appt.

Owensboro Health Outpatient Behavioral Services: Psychiatrists & Nurse Practitioners, Pleasant Valley Center, 1301 Pleasant Valley Road, Suite #502, **270-417-3700.** HealthPark location: 1006 Ford Avenue, **270-417-7980** for psychiatry; or **270-688-1547** for counseling. Most insurances accepted. By appointment only.

Find Substance Abuse or Behavioral Health Treatment Nationally: <https://www.samhsa.gov/find-treatment>

New Beginnings/Sexual Assault Support: 800-226-7273, confidential emergency support & ongoing therapy services, legal advocacy, phone answered 24 hours, no fee for services. **National Sexual Assault Helpline: 800-656-4673**

OASIS/Partner Violence: 800-882-2873, 24 hour emergency support/housing; support groups & ongoing therapy, legal advocacy, no fee for services. **National Domestic Violence Helpline: 800-799-7233**

Alcoholics Anonymous: 270-683-0371, self-help recovery for problem drinking. **National info: www.aa.org**

Narcotics Anonymous: self-help for substance abuse, meetings in Owensboro: <https://goo.gl/nuiHm9>, **National: www.na.org**

National Suicide Prevention Lifeline: 1-800-273-TALK(8255) (Press 1 if you are a Veteran); Text "TALK" to 741741; Chat <https://suicidepreventionlifeline.org/chat/> Help is available 24 hours/day!

Online Mental Health & Wellness information for Brescia U students, includes national resources: <http://www.ulifeline.org/brescia/>

For additional assistance, resources & referrals, contact Brescia University's **Office of Student Affairs**
Phone **270-686-4332** Webpage: www.brescia.edu/student-life OR

Counseling (Suite 204-Moore Center), Phone: **270-686-4282**; www.brescia.edu/counseling Make an appointment by phone, email eva.atkinson@brescia.edu or online at <https://bucounseling.as.me/>

Please note that this page is not a comprehensive list of local, public **non-profit** agencies, nor does it imply endorsement of service providers. It is informational only. For-profit, private providers not included on page 1.

Eva Atkinson, BU Counseling Services, ©2020

Note: Check with your health insurance company to identify covered providers.

Going to the **Emergency Department** is the **most expensive** level of care. If your situation is not an emergency, call for Health Advice or COVID information in Owensboro **855-417-8555** or **877-888-6647**. Your call will be answered 24 hours/day, 365 days/year by an experienced registered nurse at Owensboro Health.

Note: In case of an emergency, dial 911 immediately.

If you need a local primary medical care provider who is accepting new patients:

Audubon Area Community Care Clinic, Inc.: 750 Salem Drive, Owensboro, KY 42303, (270) 686-6040; offering primary health & behavioral health services, sliding fees and payment assistance. Prefer appointment, take some walk-in 8am-5pm M-F

Owensboro Medical Group-Family Medicine : physicians & nurse practitioners, **270-691-8040**, 811 E. Parrish Ave. (next to parking garage) By appointment Monday-Friday, 7am-5pm

Find a Doctor/Specialist in Owensboro area: <http://www.owensborohealth.org/patients-visitors/find-doctor/>

If you need a minor-emergency, walk-in center:

St. Camillus Urgent Care: 3600 Frederica St. Monday-Friday 8am-6pm, Saturdays 8am-noon, 270-684-0023

Spring Urgent Care, 2200 E. Parrish Ave. Suite 104-C, Monday-Sunday, 8am-7pm, 270-852-1632

Owensboro Health Urgent Care @ HealthPark: 2111 Mayfair Ave., Suite 101, 8am-8pm/7 days. 270-688-1352

Immediate Care: 1200 Breckenridge St., Suite 102, Monday-Saturday 8am-7pm, Sunday 8am-5pm, 270-683-7553

Other Services:

Green River District Health Department: some free services, others on sliding scale, **270-686-7744**, 1600 Breckenridge Street. By appointment Monday-Friday. <http://healthdepartment.org>

Community Dental Clinic: Sliding scale fee dental care, **270-691-6205**, 2811 New Hartford Rd., by appointment .

(If you want to find a private **dentist** or **optometrist** in Owensboro, please come to Student Affairs for suggestions.)

Birthright: Free Pregnancy testing, clothing, diapers, etc. Housing if pregnant and homeless, 512 W 7th St., **270-926-7561**

CAMPUS Rx: Brescia University is collaborating with **Campus RX** to offer students an opportunity to have unlimited access to medical and behavioral health services from the convenience of their phone, smartphone or computer. For **\$10 per month**, registered members can consult with a doctor to discuss symptoms related to illness or reach a counselor for behavioral health. Members can speak with a doctor or counselor via telephone or video chat 24 hours per day, 7 days per week, 365 days per year, anywhere in USA. Unlimited visits. Campus Rx serves as an alternative to urgent care clinics and expensive ER visits for non-emergency conditions.

Campus Rx was created as a way to provide access to the convenience of telehealth services. Convenient medical/mental health care is as easy as this 1.2.3 process:

- 1. Connect:** Download the Campus RX app from the *Google Play Store* or *App Store* or register online at www.campusrxnow.com. (Must use **firstname.lastname@brescia.edu** email address; promo code: **BEARCATS**.)
***After membership established, up to 7 immediate family members in USA can be added at no additional charge!*
- 2. Triage:** Complete a brief medical history and include a list of medications and current symptoms.
- 3. Consult:** Members can connect with a board certified doctor or master counselor licensed in their state via telephone or video visit. After a diagnosis is made by physician, any necessary prescriptions are sent to the pharmacy of your choice.

By using the promo code: BEARCATS students can subscribe for unlimited access to medical and behavioral health for \$10 per month. This reflects a \$14.95/month discount on regular Campus Rx membership. A one-time enrollment fee of \$9.95 is added to first month only. There are no additional co-pays. Your insurance is not billed. You are responsible for costs of prescribed medication. Campus Rx physicians and master counselors cannot practice outside of the USA, however can assist students currently residing in USA.

Campus Rx Frequently Asked Questions: <https://individuals.campusrxnow.com/faq/>
Please contact Dean Josh Clary or Eva Atkinson in Student Affairs if you have other questions.

Disclaimer: Brescia University is not affiliated with CampusRX nor receives any financial compensation from them. Brescia University does not employ any of the professional staff engaged and insured by CampusRX. CampusRX is responsible for screening and contracting with their providers, therefore, Brescia University is not liable for the care received from CampusRX providers. If you have a medical or mental health emergency, you need to call 911 or proceed to your nearest medical facility. Medical care by CampusRX physicians is for minor medical issues, usually seen in outpatient, walk-in clinics.

Please note that this page 2 is not a comprehensive list of local, private for-profit or public non-profit agencies, nor does it imply endorsement of service providers. It is informational only. Brescia is not affiliated with nor receives any compensation from them.