

2018-2019 Health & Wellness Resources in Owensboro

Note: Check with your health insurance company to identify covered providers. Information on Student Health Insurance offered through Brescia University: www.brescia.edu/new-students ("Health Information" heading)

Medical Resources in the Owensboro-Daviess County Community:

Owensboro Health (OH) Regional Hospital: hospital & ER, 270-417-2000, 1201 Pleasant Valley Road, 3.5 miles east of campus. 24 hour/ free medical info line to Owensboro ER nurse, 855-417-8555.

OH Medical Group-Family Medicine : physician & nurse practitioner, 270-691-8040, 811 E. Parrish Ave. (next to parking garage) low-income, uninsured, financial assistance available. By appointment Monday-Friday, 8am-5pm

Audubon Area Community Care Clinic, Inc., 819 East 9th Street, Owensboro, KY 42303, (270) 686-6040; offering primary health care services, sliding fees and payment assistance . Walk in clinic or appointment.

OH Urgent Care Services, locations: <http://www.owensborohealth.org/patients-visitors/services/emergency-department/urgent-care-choices>

OH Multicare @ Healthpark, 2111 Mayfair Ave., Suite 101, 8am-8pm/7 days.

Green River District Health Department: some free services, others on sliding scale, 270-686-7744, 1600 Breckenridge Street, 1.5 mi. east of campus. By appointment Monday-Friday. <http://healthdepartment.org>

Community Dental Clinic: Sliding scale fee dental care, 270-691-6205, 2811 New Hartford Rd., by appointment

Find a Doctor/Specialist in Owensboro area: <http://www.owensborohealth.org/patients-visitors/find-doctor/>

****Need Health Advice in Owensboro? Call 1-855-417-8555, 24/7. Before you make an unnecessary trip to an urgent care center or emergency room, call 855-417-8555! Your call will be answered 24 hours/day by an experienced registered nurse at Owensboro Health.****

Note: In case of an emergency, dial 911 immediately.

Mental Health Providers in Owensboro-Daviess County:

Regional Crisis Line, 24 hour Help & Information: 270-684-9466 or 1-800-433-7291

River Valley Behavioral Health: regional mental health center, array of services: Psychiatrists, Nurse Practitioners, Psychologists, Therapists, Crisis stabilization, Assessments. Insurance accepted. 270-683-4039. By Appt.

Owensboro Health Outpatient Behavioral Services: Psychiatrists & Nurse Practitioners, Pleasant Valley Center, 1301 Pleasant Valley Road, Suite #502, 270-417-7980. By appointment only.

Owensboro Health Outpatient Behavioral Services - Ford Avenue at HealthPark, 270-688-5433. By Appt. only.

New Beginnings/Sexual Assault Support: 270-926-7273, confidential emergency support & ongoing therapy services, legal advocacy, phone answered 24 hours, no fee for services.

OASIS/Partner Violence: 270-685-0260, 24 hour emergency support/housing; support groups & ongoing therapy, legal advocacy, no fee for services.

Alcoholics Anonymous: 270-683-0371, self-help recovery for problem drinking.

Narcotics Anonymous meetings in Owensboro: <https://goo.gl/nuiHm9>

National Suicide Prevention Lifeline: 1-800-273-TALK(8255) (*Press 1 if you are a Veteran*) ; Text "TALK" to 741741; Chat <https://suicidepreventionlifeline.org/chat/> **Help is available 24 hours/day.**

Online Mental Health & Wellness information for Brescia U students, includes national resources: <http://www.ulifeline.org/brescia/>

For additional assistance, resources & referrals, contact Brescia University's **Office of Student Affairs**
Phone 270-686-4332 Webpage: www.brescia.edu/student-life OR

Counseling (Suite 204-Moore Center), Phone: 270-686-4282; www.brescia.edu/counseling **Make an appointment by phone, email eva.atkinson@brescia.edu or online at <https://bucounseling.as.me/>**

Please note that this is not a comprehensive list of local, public **non-profit** agencies, nor does it imply endorsement of service providers. It is informational only. For-profit /private providers not included.

(Eva Atkinson, BU Counseling Services, ©2018)