COMMUNITY OF *CARE*

CREATE YOUR OWN STUDENT SUCCESS PLAN

Name	
Semester	
Major	

Your goals. Your strengths. Your next steps. This workbook is a working plan, and you can revise it as your semester changes.

What does a successful semester look like to me?

_____

_____

_____

_____

What am I proud of or already doing well?

_____

_____

_____

WHERE AM I RIGHT NOW?

Choose what describes your experience. You can check more than one.

☐ I am managing my coursework well.

☐ I am struggling in one or more classes.

☐ I want to improve my study or time-management habits.

☐ I am balancing school with work or family responsibilities.

☐ I am having trouble staying motivated or organized.

☐ Something outside the classroom is affecting school.

☐ I am not sure what I need yet.

What I worry about not doing well this semester:

_____

_____

_____

_____

What is within my control? What may require support?

_____

_____

_____

_____

SET MY SEMESTER GOALS

Choose one to three meaningful goals. Make each specific enough that you will know whether you made progress.

My goal	Why it matters to me	How I will measure progress	Target date

Which goal is most important to start with, and why?

_____

_____

_____

Example: Instead of "do better in math," try "attend tutoring once each week and complete every math practice set through midterm."

TURN MY GOAL INTO ACTION

Start with your most important goal. Break it into steps that fit your actual schedule.

The goal I am working on first:

_____

My next small step	When will I do it?	What could get in the way?	My backup plan

One action I can take in the next 48 hours:

_____

_____

How will I know this plan is working?

_____

_____

BUILD MY SUPPORT SYSTEM

Success does not mean doing everything alone. Think about the people and resources you can turn to.

People who can encourage, guide, or hold me accountable:

_____

_____

_____

_____

Campus resources I may use:

☐ My professors and their office hours

☐ My Academic Advisor

☐ Tutoring services

☐ Student Success

☐ Library and research support

☐ Career engagement

☐ Accessibility support

☐ Community of CARE for other needs

☐ Another resource: _____

Who will I contact first? What will I ask?

_____

_____

_____

MAKE A REALISTIC WEEKLY ROUTINE

Choose repeatable actions—not a perfect schedule. Protect time for class, studying, sleep, meals, and commitments.

Habit or commitment	Days / times	How I will remember or prepare

When my plan gets interrupted, I will...

_____

_____

_____

What is one habit I want to stop, start, or continue?

_____

_____

_____

CHECK IN AND ADJUST

Bring this page to each of your four Student Success check-ins. A plan can change when you learn what works.

Check-in	Date	What is going well?	What needs to change?	Next step

MY COMMITMENT & SEMESTER REFLECTION

My commitment: I will take ownership of my next steps, communicate when I need help, use available resources, and revisit this plan during the semester.

What support or accountability will help me follow through?

_____

_____

_____

END-OF-SEMESTER REFLECTION

Which goals did I meet or make progress toward?

_____

_____

_____

What did I learn about myself as a student?

_____

_____

_____

One strategy I want to carry into next semester:

_____

_____

Semester GPA (optional): _____

Do I need a follow-up plan: _____